

# Michael Ambrose of Easton to Be Honored at Gala

---



Easton resident Mike Ambrose, vice president of engineering & technology at Sikorsky, is one of three honorees who will receive the Brian Langdon Award at LifeBridge's annual Building a Brighter Future Gala. The award will be present at an online virtual event slated for June 10 at 6:30 p.m.

LifeBridge, an organization dedicated to building resilience in Bridgeport's youth and families, established the award in 2019 to recognize former president and CEO Brian Langdon for his extraordinary leadership.

Ambrose earned a bachelor's degree in mechanical engineering from the University of New Haven after graduating from Central High School in Bridgeport. Unsure of what direction he should take as a senior in high school, a counselor said, "You like to draw and you like math, you should be an engineer and you can still run track in college."

As it turned out, he was a standout member of the track team at UNH and still owns seven university track records. He went on to earn a master's degree in engineering

management from the Massachusetts Institute of Technology and received an honorary doctorate of engineering from UNH.

“Mike is an exemplary role model for our scholars, who might only need that little push in the right direction,” said Alan Mathis, president & CEO of LifeBridge.

Other honorees include Fairfield County’s Community Foundation and Edwin Farrow, attorney at law, who is a former LifeBridge board member and community leader. Honorary Chair of the event is Joan Trefz with event co-chairs Laura Coughlin and Susan Trischman.

Emcee for the evening is Dennis House, chief political anchor for WTNH-TV Channel 8. The evening will feature a live “Name That Tune” contest with LifeBridge’s Urban Scholars providing the “tunes.” All proceeds will benefit LifeBridge programs that help youth and their families build resilience.

Top sponsors include: Diamond — Joyce & Howard Greene; Ruby — Eleanor & Mort Lowenthal; Emerald — Newtown Savings Bank, Amy & Bob Stefanowski; Sapphire — LifeBridge Senior Management, Susan & Harold Trischman, Rita & Ken Weinstein; Celebration Box Sponsors — Icy & Scott Frantz, Melissa & Alan Mathis, Southwest Community Health Center, and The Hon. Jayme Stevenson & John Stevenson.

To purchase tickets and sponsorships, visit [www.LifeBridgeCT.org](http://www.LifeBridgeCT.org).

*About LifeBridge: LifeBridge’s mission is to partner with Bridgeport’s youth and families to build resilience. LifeBridge believes in the unlimited potential of every child and family in Bridgeport. By providing a helping hand up through opportunities that have lasting impact, LifeBridge offers a combination of behavioral health services, youth development, and asset-building resources that enables families to thrive and live safely and securely in their neighborhoods.*