

Open HOUSE

MAY 24 | 9 AM to 3 PM

EASTON SENIOR CENTER

650 Morehouse Road | 203-268-1145



~Tours throughout the day with Maryellen~

FREE HEALTH SCREENINGS FROM GRIFFIN HOSPITAL!

Blood Pressure - A1C Testing - Diabetes Risk Testing - COVID-19 Vaccinations

FREE TASTING IN OUR KITCHEN

11:30-2

INDIAN, ITALIAN, MEXICAN, ENGLISH TRIFLE + DESSERT

By Kerri, Ritu, Prabha, Althea, Val & Diane!

SCHEDULE OF EVENTS

- 9-9:30 **YOGA** with Christine
- 9:30 - 10 **MEDITATION** with Christine
- 10 - 10:30 **WEIGHTS** with Diane
- 10:30 - 11 **BALANCE** with Diane
- 11 - 11:30 **LINE DANCING** with Diane



- 12 - 3 **MASSAGE** with Beth (15 minute appointments)
- 12:30 - 1:30 **TRIVIA** with Randy
- Afternoon **ART** with Bob

** COME MEET FIRST SELECTMAN DAVID BINDELGLASS 11 - 12 **